



Alpha Point Retreat

**Life
is meant to be lived
to its fullest
And yet, how do you know
how full it is
or how full it could be
Till an opportunity comes
and beckons you
To listen to yourself
your dreams
and your reality
To reset the course
and the speed of your world
In your mind**





Why Alpha Point Retreat?

Our purpose is to give to professionals, working in a turbulent environment, a compass to perform at their full potential and capacity. We aim to develop future Alpha Leaders, knowing how to lead themselves, how to develop the talent around them, create team synergy and engagement.

How Alpha Point works?

“Leading the self before leading others” is the fundamental principle of Alpha Leadership.

At the very core of being an effective leader is the insight of knowing who you are — your passions, values, purpose, and vision. By participating in this program, you will gain a deeper understanding of the natural strengths that contribute to your personal leadership style, and examine how you lead others. You will become more aware of your qualities, develop a clear personal vision that anchors you as a leader, and increase your ability to lead more effectively in your organization.

This is a leadership Retreat with a difference. It is a fun, thought provoking, and deeply reflective experience.

You will emerge as a more powerful observer of your way of being with more energy, more clarity and a greater commitment to positively influence those you lead.

You will share this intellectual, experiential and intuitive experience with a network of other exceptional Business leaders, Entrepreneurs, Writers, Artists, Musicians in a stimulating environment where you can form relationships, build alliances, share insights and enjoy the experience together.

The Retreat includes interactive discussions in small groups and the Alpha Point at large. It provides the opportunity for exploration at a personal level; asking yourself what does this mean to me? It provides the space to share insights, compare experiences and discuss ways to try out new ideas.



What Alpha Point Retreat offers?

Alpha Point Retreat provides an exceptional serene **space** of natural beauty with a powerful atmosphere, conducive to reaching our highest point of energy.

A dedicated team of professionals accompany the guests in their journey of self-discovery and self-mastery.

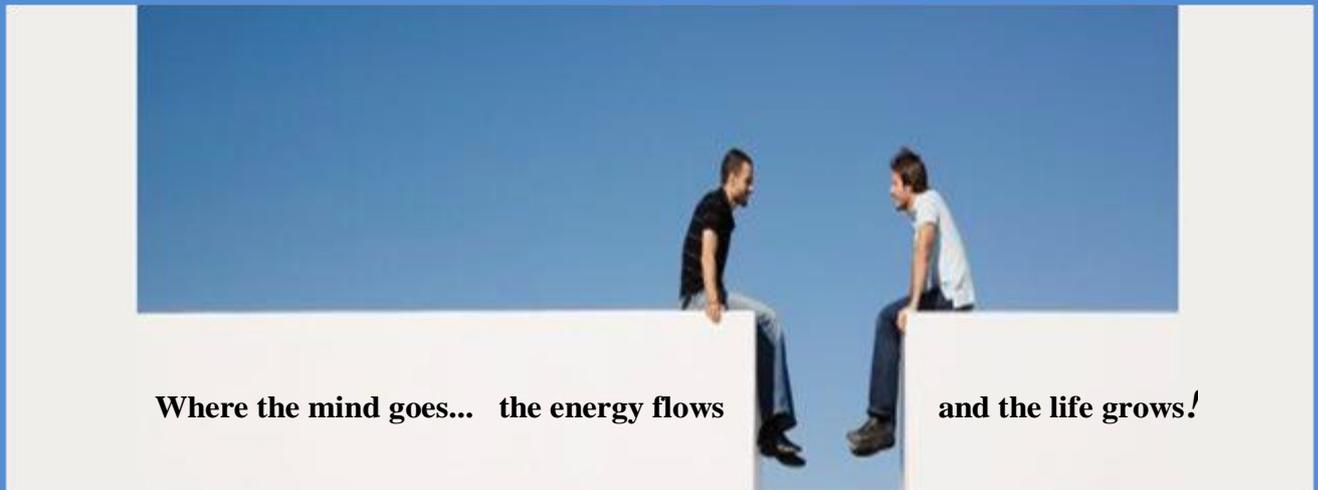
The assessment of the mental, physical, emotional shape and stress level... is monitored with the neuroscientific technology (QPM), unique in India, providing an incomparable personality profile

Alpha Point host a dynamic **“conscious lab”** and think-tank exploring fields of empathy and leadership. Thanks to the kind support of our experts & artists.

In the pop-culture of our times, it's the human body that's pushed: on the treadmill, on the yoga mat, in zero-g space stations. But the wheel of pursuit needs to come full circle: it's what's within us, our mind that's the frontier we need to rediscover and chart.

Our mind's gaze can be as wide or as narrow as we wish it to be.

To maintain quality of exchanges, and their synergy, the group will comprise at most 12 participants. Yoga and meditation, a wholesome vegetarian diet, all add to the vital elements of distance and altitude to bring an unparalleled program for rejuvenating body and soul.



AGENDA & BENEFITS

In this program you will:

- ❑ Discover the power of personal passion, values, and purpose
- ❑ Uncover your personal leadership strengths
- ❑ Develop an understanding of the demands and challenges of leadership
- ❑ Explore deeply the role of leaders and your own approach to leading
- ❑ Understand yourself, through values-surfacing and vision development
- ❑ Identify practical next steps in your ongoing leadership journey

OPTIONAL: Personality mapping QPM measurement, assessing my physical, mental and emotional shape. Our recommendations are offered under medical supervision.

Special program features:

- ❑ Expert faculty work with professional artists to animate core leadership concepts through an integrated, experiential learning process
- ❑ Indoor/outdoor activities that help reveal the essence of your personal leadership
- ❑ Experienced leadership coach available to discuss your objectives in program
- ❑ Post-program coaching with a certified coach



Quantic Potential Measurement (QPM®)

is a major scientific breakthrough in personality profiling, talent appraisal and aptitude assessment. From just a 35 second reading of one's bioelectronic activity and its intrinsic comprehensive evaluation of 540 behavioral parameters.

We heartily invite you to Alpha Point in Arpora Goa, to spend three days in a secluded retreat to bring renewed vigor to your purpose and to reveal your unique potential and talents.

We would like to venture there with you...

When: 25th to 27th October 2012

Location: Arpora, Goa



Your Strategic Guide



MARC FOURCADE

Marc Fourcade is French, and has worked as an organizational consultant for over 20 years. Marc, is an expert in the area of Strategy and Organisational development, and senior leadership coaching & Development in particular.

Marc has very rich experience in this field, in Europe as well as in Asia, where he has facilitated several strategic leadership initiatives at some of the world's leading organizations. like Novartis, Air France, Sony, GEC Alsthom, Credit Mutual Bank, Godrej Group, Nagarjuna Group, Reliance Infra, Jindal Steel & Power, Oberoi Group and many others.

Dealing directly with the challenges leaders face in today's fast moving business environment. Marc's key strengths include the ability to creatively apply professional training to real world problems, particularly within organizations.

A synthesis of the highest ethos of India and the best business practices of the West has been the intrinsic thread to his interventions. Marc specializes in clubbing Business Ethics with Performance, particularly for High Potential Executives and Strategic Committees.

**Your Investment for the Retreat : INR.
27,000 For 3 days & 2 nights.**

**Fee Includes : Facilitation, Boarding,
Lodging, QPM Assessment charged extra**

To Register Contact Shipra Kapadia

Phone: +919820067840

Email: shipra@springattractor.in